

Parent Workshop

Understanding Your Child's Behaviour

12/10/2026 10:30am -12:30pm

Are you currently experiencing **difficulties with your child at home?** Would you like to come and **meet with other parents and carers** and learn about ways to **enjoy your time more with your child?**

You are invited to a **workshop about understanding and communicating with your child.** It will help you consider **factors which influence behaviour.** We also discuss **techniques that you can use at home** for behaviours that you feel are difficult to manage.

If you would like to join, please **ctrl + click the link below or scan the QR code:**

[Understanding Your Child's Behaviour | Join meeting in Teams | Microsoft Teams](#)



Our workshops are held on Microsoft Teams. You can create an account for free. You will need access to the internet. If you have any questions please speak to your child's school. Currently, this workshop is only available to parents/carers of children attending an EWT/EST school. Please speak to your child's school or check our website for our list of schools. If you require materials in another language or have any other access needs then please email:

kmmh.ewtandestenquiries@nhs.net

We look forward to meeting you



Emotional Wellbeing team Kent
Emotional Support team Medway

Please call for more information
0300 300 1955