

TILT Curriculum Long Term Plan PE

	1 Home & Away	2 Time Tunnel (including Black History)	3 One World	4 Through the Ages	5 Environment Explorers	6 Going Global
EYFS			First PE	Fitness & Fun	Multiskills	Sports Day
Y1	Pirate Fitness & Outdoor Adventure Activities	Muay Thai & Ball Skills	Gymnastics & Multi-Skills	Ball Games & Rugby Fun	Dodgeball & Football	Indoor athletics & Sports Day athletics
Y2	Ball Skills & Rugby Fun	Yoga & Pickle Ball	Boccia & Football	Gymnastics & Dodgeball	Muay Thai & Kwik Cricket	Indoor athletics & Sports Day athletics
Y3	Fitness & Basketball	Gymnastics & Handball	Yoga & Quick Sticks	Self-defence & Tag Rugby	Muay Thai & Rounders	Indoor athletics & Sports Day athletics
Y4	Gymnastics & Outdoor Adventure Activities	Active Science & Dodgeball	Fitness & Tag Rugby	Classroom PE & Leadership	Multi-Skills & Quick Sticks	Indoor athletics & Sports Day athletics
Y5	Classroom PE & Outdoor Adventure Activities	Muay Thai & Football	Multi-Skills & Quick Sticks	Gymnastics & Leadership	Boccia & Handball	Indoor athletics & Sports Day athletics
Y6	Yoga & Basketball	Muay Thai & Football	Classroom PE & Tag Rugby	Gymnastics & Quick Sticks	Boccia & Leadership	Indoor athletics & Sports Day athletics



Plans to enable pupils of The Island Learning Trust to **ROAR!** With **Resilience**, **Optimism**, **Ambition** & **Responsibility**

